

October Jr. High 7-9

| Monday | Tuesday | Wednesday | Thursday | Friday |
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| 3 Grab N Go Pizza | 4 Pot Pie Grab N Go | 5 Ravioli Grab N Go | 6 Turkey Roast Grab N Go | 7 Hot Ham & Cheese or Tuna on WG Deli or Chicken or Beef Gordita |
| 10 Grab N Go | 11 Lo Mein Beef Teriyaki Chicken | 12 Macaroni & Cheese with Chicken Strips Grab N Go | 13 Grab N Go Sweet Pork Salad | 14 Chili, Tortilla Soup, Chicken Noodle Soup or Chicken Patty WWB PBJ Uncrustable |
| 17 Shrimp Poppers or Grab N Go | 18 Pork Nuggets PBJ Yogurt Parfait | 19 Turkey Wrap or Party Sub Grab N Go | 20 No School | 21 No School |
| 24 Beef Nuggets Grab N Go | 25 Orange Chicken Grab N Go | 26 Grilled Cheese Grab NGo | 27 Crisp or Soft Taco Grab N Go | 28 Hot Dog on WWB Tuna on WG Deli Chicken Patty on WWB PBJ Uncrustable |
| 31 Roasted Chicken or Grab NGo | | MENUS ARE SUBJECT TO CHANGE | EACH MEAL INCLUDES ONE TIME FRUIT AND VEGETABLE BAR. ONE ENTRÉE, MILK, AND SIDE DISH CHOICES | THIS INSTIUTION IS AN EQUAL OPPROTUNITY PROVIDER |